



SOURCES OF STRENGTH

POSITIVE MENTAL HEALTH

*Bring it to Your
School Today!*

MISSION & PROGRAM

The mission of Sources of Strength is to **PREVENT SUICIDE** by increasing help seeking behaviors and **PROMOTING CONNECTIONS** between peers and caring adults.

Trained **STUDENT LEADERS** guide suicide prevention and mental health awareness campaigns focused on resiliency and hope, by **EMPOWERING STRENGTH** in each other.



QUESTIONS?

Call Lily Barter, Coordinator of Youth Education, at (800) 464-5767 x 2308 or reach out via the options below...

IMPROVE YOUR SCHOOL Community



SEE MORE

